



Discovery Inspections

July 29, 2014

Subject: Letter of Endorsement for Jamie Arion

I hired Jamie Arion to help me prepare for an important event in my life. She interviewed me to learn about my self-directed program to identify opportunities for improvement. Jamie was very considerate in not offending my approach to a healthy way of life. Then she said "I own you for the next several weeks until the deadline. I own you." With some degree of hesitation, yet reflecting on the multiple recommendations I was given about her, I moved forward. I became her health pupil. Jamie laid out a diet plan, a nutrient/supplement plan and a physical fitness plan--complex yet easy to follow. Jamie uses all forms of communication with her clients...texting, emailing, personal visits and even consultations with key influencers in my life to identify their roles in the transformation. She positioned me for success. I simply had to follow the plan. Jamie is an educator, a trainer, a motivator, an accountability partner with a wide wake of success stories behind her. I lost fat, gained muscle, improved my core and flexibility and loved finding new notches on my belt! Her program is results-based and it simply works. I am looking forward to the next round of training and progress! I'm a Jamie Arion fan and you should be to.

Warmest Regards,

Gary Sloan, Owner/Certified Master Inspector
Discovery Inspections

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