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Endorsement for Dr. Jason Regis

As both a physical therapist and a parent, I want to express my sincere appreciation for the exceptional care Dr. Jason Regis has provided to my 16-year-old son, Dominic.

Over the past year, I've watched Dominic's posture decline—made worse when he left the swim team for robotics. Despite my professional background and efforts to help him through hands-on treatment and prescribed exercises, Dominic was never truly engaged. Like many teens, he resisted—especially when the advice came from his mom.

That changed after meeting Dr. Regis.

Following a detailed 90-minute evaluation and a thoughtful X-ray review, Dr. Regis created a care plan that was both effective and easy for Dominic to absorb. The time, attention, and clarity he offered—not just to me, but directly to Dominic—were unmatched.

After just his first treatment, Dominic told me he would absolutely be doing his exercises twice a day. He doesn't want his spine progressing to phase 3 degeneration—something Dr. Regis explained so clearly that it truly resonated with him.

Dr. Regis's approach was gentle and tailored to Dominic's hypermobility. He evaluated each joint before and after treatment to ensure every adjustment was necessary and effective. In Dominic's case, a single neck adjustment corrected a cascade of dysfunctions.

But perhaps most impactful was how Dr. Regis connected with Dominic. He listened to his stories, took a thorough history, and showed genuine interest—far beyond what we've experienced, even with our pediatrician.

We're just beginning this journey, but we feel encouraged, hopeful, and incredibly grateful to have Dr. Regis guiding Dominic's care.

Thank you, Dr. Regis, for treating not just the posture, but the whole person.

Warmly,

Erin Raible-Wilson, PT

