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Regarding Dr. Chris Anderson,

04 July, 2025

Chris leads with care, not just tools. He takes the time to fully understand the issue before applying any solution, which is exactly why I trusted him with someone close to me... my mom. She's a virtual teacher, so she's often sitting, and she was also in an accident which contributed to her back pain and Sciatica.

What stood out to me was how thorough and thoughtful Chris was. He asked every question he could to get a full picture of her condition, explained what to expect, shared helpful home remedies, and stayed in touch to monitor her progress. Not a single dollar was paid, yet he still managed to improve my mom's condition through his knowledge, guidance, and contribution. Now my mom doesn't feel that sharp pain that she was feeling before because she followed his simple directions and they're communicating to see if it can be completely eliminated.

Chris genuinely cares about the people who come to him. He's not in it for a quick win or a paycheck and he doesn't just put everyone on a payment plan. He gives generously: in his work, his knowledge, and in the positive energy he brings to the world.

That's why I consider Chris not just a trusted chiropractor, but also a friend and confidant.

Warmly,

**Amir Demings**

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