

# THOMPSON HYPNOTHERAPY

*Living your best life . . . every day*

I have been to see a few chiropractors during my lifetime and I had what I thought was fair success with them. So, when I first went to see Dr. Mike Tumminello upon a friend's referral, I thought it was going to be like my previous chiropractic visits. During the first visit, he looked at my X-rays and mentioned he saw I had suffered a whiplash "45 years ago" in my neck. I disagreed with him, telling him I had never been in a car accident. That didn't deter him as he pointed to the X-ray of my neck and showed where he saw the damage and calculated the injury date! I counted back to that time in my life and recalled a motorcycle accident about 45 years ago where I had been knocked off my bike at 45 MPH by a car driver who made a left turn in front of me. I suffered some road rash but felt I was otherwise unhurt. I never went to be checked or treated and soon forgot about it.

I Immediately developed a strong respect for his skill and training that enabled him to discover something others had never noticed. I was also surprised to find that he specializes in working with the nerves as well as bone structures. This skill was a big benefit for me last year as I fell in my garage and slammed down hard on my hands and knees, fracturing a finger in the process. What I didn't immediately realize was that I had jammed my spine, bulged a couple of discs and pinched a spinal femoral nerve. A week later I went to get up in the morning and couldn't walk as my entire left leg was spasming with pain and I couldn't put weight on it. I arranged a ride and got to his office where he worked on me for 3 ½ hours manipulating and freeing the nerve. When he finished, I was able to put my weight gently on that leg and walk out of his office.

Dr. Mike has a very open minded and holistic approach to treating his patients and for this reason, he is always looking to find the true root cause of his patients' condition so he can treat it correctly. The result is he often finds symptoms and conditions others have overlooked. His successful track record and the accolades of his patients are living proof of this. I highly recommend Dr. Mike and his services.

Ken Thompson

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