



# Ronald D. Boose

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Dear: Dr. Dady

Thank you for helping me reset my gut. After a few months of feeling sluggish after my workouts, I decided to visit Dr. Dady at The Center for Health and Healing. Dr. Dady recommended the 21 day cleanse. Dr. Dady shared the benefits of cleaning out my gut by eating healthy and illuminating accumulated waste.

After just seven days on the cleanse I started to feel better. Eating clean and taking the supplements and shakes was easy. I noticed that my energy level going up and I actually started dropping weight. By the end of the 21 days, I lost a total of 15 pounds and felt great.

The biggest benefits is that I have incorporated the things I learned into my lifestyle. I have changed my eating habits and change the way I feel. I would recommend Dr. Dady and the 21 day cleanse to anyone who wants to feel better and develop habits that lead to a healthy lifestyle.

Sincerely,



Ron Boose

PowerCore Member

Digital Marketing Expert

