



June 1, 2023

To Whom It May Concern:

I write this endorsement letter with enthusiasm regarding the service received from Dr. Mike Fenster at House of Chiropractic. I work out 5-6 days a week and make mindful efforts to improve my overall health and wellness through eating well, holistic treatments and services to assist with athletic performance and long-term health. I had previously been curious but uneducated about chiropractic care and therefore chose to not pursue treatments.

Dr. Mike educated me on why chiropractic care is good for long term health, athletic performance, and preventative care of the overall body. I was provided with details on how the nerves that are close to our spine have more than just an impact on our posture but also on how our body functions and performs.

I made the decision to visit Dr. Mike and he walked me through each step of the evaluation process, what he saw that I could not see, and then proceeded to provide the appropriate adjustments to assure my body performs at an optimal level on a daily basis.

I am thankful to have met a chiropractor that provides care and concern for his patients and their overall health and to now have a recurring visit to assure my body is aligned so that I can be the best version of myself inside and outside of the gym.

Sincerely,

Lisa Chaney

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