



Wednesday, June 14, 2023

I am writing this endorsement letter regarding my experience of working with Dr. James Myers whom I originally met while attending one of my Power Core team's weekly meetings.

As time passed by, I learned more and more about his chiropractic practice as well as his over 10-years' experience of helping to heal his clients' injuries through his holistic and technical methodology. In addition, I also learned that Dr. Myers was a 3-time NCAA National champion gymnast which made perfect sense to me given his athletic background.

During my first visit with him, he began conducting shockwave therapy on my right leg along with making periodic spine adjustments. The procedure was painless and appeared to be working. So, after my first visit with him, I immediately noticed a discernable improvement. Over the course of 6 weeks working with him, I began to feel better and better. At the conclusion of our visits together, he determined that perhaps, my issue could be better resolved by speaking to an orthopedic doctor who could offer me additional options.

Dr. Myers is an exceptionally competent chiropractic practitioner and overall caring man. Each time that I visited him at his office, I always felt that I was in good hands which in itself removed any worries or stress. Lastly, the fact that he recommended that I seek the council of an orthopedic doctor further attests to his level of professionalism and integrity.

I am grateful that I met Dr. Myers and would have no hesitation in recommending him to anyone who has recently experienced a sports injury or car accident. By working with him, I can assure you that you will feel better than you did before.

Respectfully,
Taki Pappas