

RENEA·ASH

PHOTOGRAPHY

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Jessica Walker
Health & Wellness Coach
Momentum Transformations
770-727-58200
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Re: Letter of Endorsement

To Whom it May Concern,

I am so thankful for Jessica's help in developing a healthy lifestyle through her Little Black Dress program. She's been amazing.

Jessica is so encouraging. Whenever I was challenged with life's obstacles, she had the perfect solutions. From tips on what to eat, how to manage eating on the go, to easy exercises that I could do anywhere. She always had the perfect words to motivate me. Plus, knowing that I could reach out to her for support or questions was comforting making her positivity and understanding nature a huge plus.

But that's not all! She gets that changing your mindset and adopting healthy eating habits isn't always easy. There were moments when I stumbled, but instead of getting frustrated or giving up on me, she was patient and empathetic. She continued to equip me with tools to not only eat healthy, but also change my overall mindset towards food. I've learned so much from her that I am now making better choices that benefit both my body and mind.

Overall, Jessica has been an incredible motivator and guide in my journey towards healthier eating. If anyone is looking for someone to support them in developing healthier habits, I highly recommend reaching out to Jessica.

Best Regards,

Atlanta Portrait Photographer