



February 13, 2024

Dear Dr Quentre Shannon,

I knew even seeing you on a regular basis, at some point, I would have a flair up of Costochondritis. Eighteen months passed since my last incident. I knew moving heavy furniture in my home up a flight of stairs could trigger it, and indeed, it did.

To my amazement, the pain was significantly reduced from the last occurrence in 2022. In fact, I only felt discomfort laying down to go to sleep on Monday night. I had an appointment to see you the following week. I easily moved up the appointment using your handy app. No call needed to reschedule. I simply used my phone to do it!

When I arrived, we did the adjustment with a focus on my ribs. To be safe, I skipped a couple days exercising as the pain continued to dissipate. I did some light exercising on Friday and Saturday. By Monday the following week, I was back to my normal workouts and no more pain.

I know it's impossible to avoid ever having a flair up, yet it is such a relief to know we have a plan in place to treat the situation when it arises. Thank you for all you do, and I will continue being a client and a champion referral source for you and Legacy Chiropractic.

Sincerely,

Clay Jeffreys
Mortgage Consultant
404-277-6896 (mobile)
clay@dunwoodymortgage.net

Dunwoody Mortgage Services, Inc.
4411 Suwanee Dam Road • Suite 555 Suwanee, GA 30024
(P) 770 614-1157 (F) 770 614-7870
www.dunwoodymortgage.net
LO #211998 • Georgia Residential Mortgage Licensee #18158 • NMLS #158655

